

NOVEMBER 17-24

1 Corinthians 10: 31

"whether you eat or drink, or whatever you do, do all to the glory of God"



Do you want to know how to live optimally and to help your family and friends achieve the wellness they deserve?



Learn the theory of living according to design, the impact of spirituality on physical wellbeing, practical skills in hydrotherapy, poulticing, medicinal herbs and more

Adventist Alpine Village
Cost: \$600pp which includes all meals,
accommodation and training manual
Register here



Presenters Peter and Kaye Sehm

Kaye Sehm is a registered Christian Natural Health Instructor and a Nutritional Herbologist who is passionate about equipping and empowering others to take control of not only their own health, but to change the health trajectory of their family and friends. With over 30 years experience in health education, Kaye and her husband Peter have traveled throughout Australia, New Zealand, Fiji, Tonga and the USA, revealing that health is by design not accident. Peter himself is a gifted Bible Instructor, helping many find relief and inner peace as they discover their purpose for living.

For more information please contact Lorenzo on 0428425590